

# A HEALTHY LIFESTYLE BEGINS WITH HEALTHY CHOICES

Lifestyle Approaches to Wellness

# Winter 2025 Edition

Books about religion, better health, non-fiction stories, natural remedies & puzzles

# Company Name

# **Product Price List**

Address City, State, ZIP Phone, Contact

# Children's Bible Story Books / Puzzles

Code	Name	Description	Price
39	Amazing Adventure Children Bible Guide Set	Designed for kids ages 8 to 12, our colorful, fun, and thoroughly educational Amazing Adventure Bible lessons give parents, pastors, teachers, and youth leaders a wonderful tool to reach any child with the good news — 10 guides in total.	12.95
		Filled with pictures, puzzles, and Bible stories, each Bible Guide will lead your kids on an incredible journey. This exploration will teach them more about the Bible, prophecy, and important doctrines like heaven, hell, what happens after death, and more. These lessons are written in such a manner that the principles they learn will make sense to them.	
		Use these guides for	
		<ul> <li>home study</li> <li>a week of prayer in your Christian school</li> <li>vacation Bible school evangelism</li> <li>Sabbath school for juniors</li> <li>home school evangelism</li> <li>neighborhood evangelism</li> <li>the possibilities are limitless!</li> </ul>	
		More than 160 interactive pages of fun learning about the Bible in each set!	
16	Bible Readings - Hardback	This 5-1/2 x 8-1/2 hardback edition is a great addition to your family library. Containing 222 b/w pictures, 32 pp in color, 180 studies, 13 charts,15 maps, 2 appendices, 2 indexes, and all in large print. Best of 1888, 1915, and current eds. 736 pp. Hardback	12.00
36	Child's Treasure Book of Fireside Tales	This Charming children's book features a variety of illustrated stories from different times and places, including tales of boys and girls in various settings. With engaging characters and valuable lessons, it's perfect for reading aloud or bedtime, appealing to both children and their parents.	12.99

# **Questions? Call 1-888-PHONE**

Code	Name	Description	Price
8	Choice Stories for Children	40 Heart-touching Stories Choice Stories is a selection of stories from four out-of- print books: Scrapbook Stories; Lost Jewels; Golden Grains, vol. I; and Golden Grains, vol. II. Choice Stories for Children contains nearly forty stories written during the late 1800s. Every story has an important lesson designed to build good character. Chapters include: "Grumbling Tommy," "Joe Benton's Coals of Fire," "My First Theft," and "Always be Honest." ISBN: 978-1881545996 Pages: 144 Dimensions: 8.25 X 6 inches	12.99
38	Jesus: Bible Truth for Children	"Please tell us the story again of Jesus' death on the cross." This most requested story in Ms. Ruth's classroom became the book God inspired her to write and have illustrated for the hole in the soul of every child on this planet. It is Biblically sound with the overriding themes of the origin of evil, the conflict between God and Satan and the eternal hope that Jesus' death has given to all mankind. Kim Merritt carefully illustrated the passion of Christ for children. The body of this book contains 114 pages (57 two-page spreads) of beautiful life-like illustrations, not cartoons, depicting first the friendship of Jesus with Mary, Martha, Lazarus, and the disciples and then Lazarus' resurrection. The second story shows Christ being abandoned by all of His disciples and contrasts the true repentance of Peter versus just feeling guilty, which leads into Christ's crucifixion (third story) and the conflict of good and evil and ultimately Jesus' power over sin and death (fourth story). The truth of this book is for all ages. God loves us and is coming back for His children! It's our choice to be His children. Scripture references and teaching pages are included in the back for further study for the seeking minds of children and adults alike.	29.99
35	Karen and The Cobra	There true stories of youth are an inspiration , with faith shown in the face of impossible offs, miraculous answers to prayer, and a willingness shown to learn life lessons.	9.99

Code	Name	Description	Price
34	Miss Brenda's Bedtime Stories, Volumes 1–5 Hardback	by Brenda Walsh Miss Brenda's Bedtime Stories is a five-volume collection of twenty-five delightful stories per book; stories that you will never forget and teach valuable life lessons. You will encounter "Tackle Tag Disaster," "Snakes Alive," and "Trapped in Wild Cat Cave" while learning about important things like forgiveness, answered prayer, and the value of honesty and obedience. Some stories will take you halfway around the world and others will seem as if they could have happened in your own back yard. Carefully collected by Miss Brenda, these true stories are sure to be loved by children and treasured by parents and grandparents. These hardcover books are perfect for reading together before bedtime;or anytime! These stories will warm your heart and draw you closer to Jesus. ISBN: 978-4333004283 Pager: 200, bardcover cot	99.95
33	My Bible Friends (5 Volume Set)	<ul> <li>Pages: 800, hardcover set</li> <li>Richly illustrated and beautifully written, these books are definitely the premium set of Bible stories for younger children.</li> <li>Written especially for children ages 1 to 8</li> <li>Outstanding art fills each page opening from corner to corner</li> <li>Beautiful, yet simple language makes these books a pleasure to read time and time again (because you probably will)</li> <li>Each story is written using rhyme, rhythm, and repetition which helps children remember the stories and serves as a wonderful aid in teaching children child to read</li> <li>Imagine your child's delight as you read the charming story of Small Donkey, who carried tired Mary up the long hill toward Bethlehem long ago. Or of Zacchaeus the cheater, who climbed a sycamore tree so he could see Jesus passing by. And then there's the story of Baby Moses, fast asleep in his basket boat, carefully hidden in the tall rushes.</li> <li>These and many more Bible friends are waiting to greet your child within these beautifully illustrated books.</li> <li>Each book contains four simple stories, arranged in short, attention-holding sections.</li> <li>The durable bindings hold up to rough use by children.</li> <li>You can easily wipe sticky fingerprints from the colorful mylar covers.</li> <li>by Etta B. Degering</li> <li>ISBN: 978-9996489471 Hardcover, 5-book set Dimensions: 9.7 x</li> </ul>	128.99
12	Parables and Miracles of Jesus (Card Game)	7.1 x 4 inches The Parables and Miracles of Jesus card game, will bring families, friends, teachers, and Christians of all ages to learn from the world's Greatest Teacher. Be prepared to enjoy a clean and family friendly Bible game that engages all the senses while teaching biblical lessons to Christians of all ages. It is a wholesome experience for the entire family.	29.95

Code	Name	Description	Price
wc_157	Search for Paradise	Search for Paradise - The Most Famous Mutiny in British	9.95
		Naval History	
		Loaded with weapons, the mutineers headed to the forward ladderway and started up it. But, looking down, Hayward saw their guns and, in awed terror, demanded to know what was happening. He was told the captain had commanded the men to exercise at dawn.	
		Not believing the yarn, Hayward started aft toward Bligh's compartment to awaken him. Not far off, Willliam McCoy, tattooed and scarred from knife fights, had been loading his musket on deck. Immediately he banged it heavily three times on the deck - to warn his companions below to get up on the deck quick!	
		Just then, Christian emerged from the hatchway, carrying a musket with a fixed bayonet and an ammunition box in his left hand and a cutlass and pistol in his right.	
		With the men behind him watching Hayward, Fletcher now slowly descended the aft ladderway.	
		Complete story of the mutiny on the Bounty and the journey to and settlement on Pitcairn Island.	
		224 pp.	
		Paperback.	
2	Stories Worth Re-Reading	72 Heart-touching Stories Children of all ages like stories. Children call for them from their earliest years and remember many of them throughout all their years. The purpose of this book is to provide children and youth with stories worth reading, stories relating incidents of history, missionary effort, and home-and-school experiences. This book is another treasure house of inspiration originally compiled in 1910 to provide children and youth with worthwhile reading. You'll find them excellent family reading as well as a treasure trove for pastors, teachers, and others who tell children's stories, for ages 10 thru adult.	12.99
		ISBN: 978-1881545019 Pages: 320 Dimensions: 8.3 x 5.4 x 0.7 inches	

Code	Name	Description	Price
37	The Amazing World of Insects	<ul> <li>With this book readers like you have a simple, but rigorous, introduction to the world of insects and other little animals.</li> <li>Take a few minutes to observe any of them with the naked eye. Insects. Spiders. Worms. Your observation will lead you to understand that these wonderfully complex creatures. Enjoy these authentic mini "stars"!</li> <li>You will discover wonderful teachings about this small realm. Uncover the virtues of nature's miniature beings. Your exploration of the world will show you this amazing miracles:</li> <li>The extraordinary maternal (and sometimes paternal) cares of many insects</li> <li>The "intelligent" behavior of the bee and many other bugs, instead of their reduced dimensions</li> <li>The incredible miracle of metamorphosis</li> <li>Many more wonderful discoveries</li> <li>Table of Contents</li> <li>Animals without Bones</li> <li>Insect Planet</li> <li>An Immense Diversity</li> <li>Flying Flowers</li> <li>Armored</li> <li>Camouflaged Lives</li> <li>Social and Flying</li> <li>Superbuilders</li> <li>Your whole family will enjoy this extraordinary adventure. Your journey will take you deep into the mysteries of creation and it's Designer.</li> <li>ISBN: 978-84-7208-460-5</li> <li>Pages: 100, hardcover, includes cards of insect pictures for a matching game</li> <li>Dimensions: 9 x 10.875 inches - <i>by Celedonio García-Pozuelo Ramos</i></li> </ul>	24.99

Code	Name	Description	Price
32	The Bible Stories Series - Hardback	The Bible Story set contains more than 400 Bible stories for school-age children. Every page has full color illustrations that give life to the story, captivating the attention, and helping them to understand its context. The stories are presented in simple language and teach children moral values, principles, and the way to God.	369.00
		Facts About The Bible Story Set	
		<ul> <li>411 stories that are easy to read and understand</li> <li>1,200 full-color illustrations</li> <li>Stories are true to the Bible</li> <li>1,950 pages in ten volumes, hardcover</li> <li>Available in both English and Spanish</li> </ul>	
		Share Biblical Values With Your Children	
		Hundreds of thousands of children have enjoyed the simple writing in The Bible Stories. They love to visualize the adventures of the Bible's great heroes. And as they read about these heroes, they absorb the values that are so important to a happy life—values like honesty, courage, justice, and kindness. They begin to see the spiritual truths that The Good Book has preserved for us for thousands of years. They even begin to understand some Bible prophecies. In the same way that the Bible has changed the lives of countless people, The Bible Stories will also have a positive effect on your children.	
9	The King's Daughter and Other Stories for Girls	<i>by J. E. White</i> Due to the noble effort of the original California publisher, these stories were found in nearly every orphanage in our land during the late 1800s. This reproduction of the 1910 edition of <i>The Kings Daughter</i> <i>and Other Stories for Girls</i> keeps all of the original stories in their entirety, along with its 100 illustrations. The stories were compiled from a four-volume set entitled, <i>Sabbath Readings</i> , which were originally gathered from church papers in the 1870s. A breath of fresh air in literature for youth, the stories aim to build character in girls ages 9–12. "This is one of the best selections of old fashion 'character-building' stories I know. I have read and reread them from childhood." —Dr Raymond Moore, authority on family and schools	12.99
		ISBN: 978-1881545095 Pages: 224 Dimensions: 7.5 X 5.25 inches	

Code	Name	Description	Price
10	Tiger and Tom and Other Stories for Boys	by J. E. White Will Tom lose his dog because of a moment's impatience? What is Charlie's secret to the best fun? Find out about the boy who never offered excuses. <i>Tiger and Tom</i> is a time tested classic that teaches lessons that never grow old. This reproduction of an 1877 classic will keep your boy's attention while teaching him the most valuable lessons of life. "This is one of the best selections of old-fashioned 'character building' stories I know. I have read and reread them from childhood." —Dr Raymond Moore, authority on family and schools ISBN: 978-1881545088 Pages: 224 Dimensions: 7.5 X 5.25 inches	12.99
19	Tom's Best Friend	Wonderful Children's Stories that teach important life lessons. Has black and white pictures.	4.00
11	Voyage Of The Ark - puzzle	Ignite your child's curiosity and imagination with the Voyage of the Ark puzzle from Cobble Hill. Measuring 14" x 10", this engaging jigsaw puzzle offers a wonderful challenge for young minds. Featuring an enchanting theme of animals and religious elements, it captures their attention while also promoting cognitive development. With 35 beautifully crafted pieces, this puzzle is perfect for children aged 5 and above. The sturdy construction ensures durability, allowing repeated play. Encourage your child's love for puzzles and foster their problem-solving skills with this captivating Voyage of the Ark puzzle. 35 pieces Completed puzzle measures 14" x 10"	6.99
L	Ch	ristian Growth	

	Code	Name	Description	Price
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Name	Description	Price
Answers to Difficult Bible Texts	Are you struggling to harmonize apparent contradictions, awkward phrasing, and other stumbling blocks in your pursuit and teaching of Bible truth? In this classic volume, the late Joe Crews, the first speaker for Amazing Facts, boldly breaks down a sweeping array of obstacles with solid biblical evidence—in a way that will strengthen your faith in the rock-solid foundation of God's Word! Get real answers to alleged scriptural challenges to:	5.95
	<ul> <li>Baptism by Immersion</li> <li>The Sabbath</li> <li>State of the Dead</li> <li>Eternal Hell</li> <li>The Rapture and Millennium</li> <li>Law and Grace</li> <li>And much more!</li> </ul>	
	A fantastic resource for defending your faith and bringing others to Christ! Softbound. 4x6.5" approx.	
Conflict of the Ages Series Set, Hardcover	The Conflict of the Ages Series is a set of five hardcover, large print books beautifully written to make the Bible come alive as you read and study the Word of God. It brings out excellent points and important lessons as we study the scripture from Genesis to Revelation. The best and concise Bible commentary ever published with black and white pictures. Five (5) Volume Set/ Hardback Books	63.00
Desire of Ages - Illustrated - Hardback	Desire of Ages - NEW! 8-1/2 x 11 Hardback Best Desire of Ages ever printed! Large print, packed with full color pictures. The Salvation themes come alive with this illustrated edition. 560 Pages.	30.00
Desire of Ages - Softback	This is the third volume of the Conflict of the Ages series. This book is the author's classic story on the life of Jesus. In this book you will find vivid portrait and description of the different events which took place during the life of Jesus on earth which makes the story comes alive. Follow Jesus in this book from His birth in Bethlehem's stable to His death on the cross, His glorious resurrection, and the triumphant return to heaven. Paperback. Book size 5.5 X 8.5. Large 12 point print.	4.00
	Answers to Difficult Bible Texts	Answers to Difficult Bible Texts       Are you struggling to harmonize apparent contradictions, awkward phrasing, and other stumbing blocks in your pursuit and teaching of Bible tutts?         In this classic volume, the late Joe Crews, the first speaker for Amazing Facts, bodby breaks down a sweeping array of obtacles with sold biblical evidence—in a way that will strengthen your tath in the rock-solid foundation of Gods Wordt         Get real answers to alleged scriptural challenges to:       • Baptism by Immersion         • The Sabbath       • State of the Dead         • Elemal Hell       • The Rapture and Millennium         • Law and Grace       • And much more!         Afantastic resource for defending your faith and bringing others to Christ       Softbound. 4x6.5° approx.         Conflict of the Ages Series Set, Hardcover       The Conflict of the Ages Series is a set of five hardcover, large print books beauffully written to make the Bible come alive as you read and study the Word of God. It brings out excellent points and important lessons as we study the scripture from Genesis to Revelation. The best and concise Bible commentary ever published with black and while pictures. Five (5) Volume Set Hardback Books         Desire of Ages - Illustrated - Hardback       Desire of Ages ever printed! Large print, packed with this illustrated dedition.560 Pages.         Desire of Ages - Softback       This is the third volume of the Conflict of the Ages series. This book you will will not vicio print and edisciption of head with pictures. Five (6) Outgets is to book from His birth in Bethiehem's stable to His death on the cross, His glorious resurection, and the triumphant

Code	Name	Description	Price
1	God Cares - 2 Vols ( Daniel / Revelation)	by C. Mervyn Maxwell The Message of Daniel (volume 1)—A best-selling classic, it contains the latest research on the fascinating prophetic book of Daniel. It opens the meaning of the story of how God revealed to King Nebuchadnezzar through Daniel the rise of great world empires centuries in advance. A selected bibliography, a topical index, and a scriptural index are provided. The Message of Revelation (volume 2)—This work unites recent scholarship with a compassionate message to all who are searching for meaning in world history and current events. It analyzes the fascinating symbols and prophecies of Revelation that have already been fulfilled and the others that are about to be accomplished. It shares the meanings about the mark of the beast and the seal of God, the seven last plagues, the battle of Armageddon, the role of the United States in Bible prophecy, and many others. At the end of the book a selected bibliography, a topical index, and a scriptural index are available to ease the use of the material. Pages: 904 pages, two-volume hardcover set	
21	Inside Daniel and Revelation	Verse by verse analysis of the entire books of Daniel and the Revelation. A powerful tool to understand the prophecies of Daniel and the Revelation.	4.00
13	Judgment and Hell	<i>By Jim Ayer</i> With down-to-earth language woven into a skillful yet pragmatic Bible study. Jim Ayer shines the light of Bible truth to reveal a God who always acts with justice, mercy, and most importantly, absolute love and fairness. This sharing book is the perfect way to knock down walls of unbelief, stumbling blocks, and falsehoods. ISBN: 978-1-933291-22-2 Dimensions: 3.5 x 5.5 inches, paperback Pages: 32	1.25
25	Patriarchs and Prophets - 5.5"	It covers the sweeping panorama of human history from the creation of the earth to the reign king David. This book shows how this conflict worked itself out in the lives of men and women in the Old Testament times. It answers such questions as, Where did we come from? Where are we going? If God is all-powerful, why doesn't He prevent the spread of evil and its tragic results? Large print edition with black and white illustrations. Softcover. Total page count 608. Trim size 5.25 x 8.25 in.	4.50
18	Pocket Song Book	When you are away from home, you will have a song book in you pocket with 250 songs (words only).	3.50
26	Prophets & Kings	Volume 2 in the Conflict of the Ages Series. Covers the nation of Israel from the time of Solomon to end of Old Testament. (Scripture, topical). 576 pp. Paperback.	4.00

Code	Name	Description	Price
28	Steps to Christ - Sofeback	The title of the book tells its mission. It points the reader to Jesus Christ as the only one who is able to meet the needs of the soul. It directs the feet of the doubting and halting to the pathway of peace. It leads the seeker after righteousness and wholeness of character, step by step, along the way of Christian living, to that experience where he can know the fullness of blessing which is found in the complete surrender of self. It reveals to him the secret of victory as it unfolds in simplicity the saving grace and the keeping power of the great Friend of all mankind.	3.50
22	Ten Commandments Poster - English	Glossy with pictures of flowers, 14x18 in size. They have the Ten Commandments from Exodus 20 on one side and then the Ten Commandments from the New Testament on the other side.	3.50
6	The Bible Textionary	This condensed guide to Scripture makes it easy to locate Bible texts in seconds. Book covers 48 categories and includes a fold-out time-line of Earth's history inside the back cover.	2.95
wc_161	The Great Controversy - Hardcover	Here are the truths needed to help us live right now. Solemn warnings for our own time in history. Key events that have affected God's people from Christ's time to our own.Down through the ages, the story of how Christians have survived Satan's efforts to destroy them. Why were they targeted for destruction? The principles in The Great Controversy, fought for ages between Christ and Satan, and now in our own lives, are clearly revealed. This conflict is to increase in intensity to the close of time. In these records, we see a forshadowing of an immense crises just before us. History will be repeated. Best Great Controversy ever printed! Large print, packed with full color pictures, 47 maps, 5 appendixes, 3 indexes, many charts, plus much more. This is the complete 1911 edition. 576 pp. 8-1/2 x 11 Hardback	39.95



Code	Name	Description	Price
5	The Great Controversy: Will Two Former Rivals Unite?	<ul> <li>Stressed out by the thought of the end of the world? Anxious about what might happen as the earth becomes more chaotic? The Great Controversy provides hope in troubled times, highlighting stories of incredible faith that will bring you encouragement and hope. This book traces the history of the Protestant Reformation from Wycliffe to the Waldenses and beyond, sharing how God led His people through the darkest days in earth's history. Inside these pages, you'll find hope when all seemed lost, peace when everything seemed impossible, and courage in the face of religious warfare. Each chapter shares insights from the past that open mysteries key to the future. The book gives practical, direct principles for staying true to Christ even as it becomes harder and harder to do in a world filled with pain, depression, and death. The book concludes in the world made new, when God has made all things right - you don't want to miss it. The story of the world isn't over - in fact, it's only just begun!</li> <li>Table of Contents</li> <li>The Destruction of Jerusalem</li> <li>Persecution in the First Centuries</li> <li>An Era of Spiritual Darkness</li> <li>The Waldenses</li> <li>John Wycliffe</li> <li>Huss and Jerome</li> <li>Luther's Separation from Rome</li> <li>Luther before the Diet</li> <li>The Swiss Reformer</li> <li>Progress of Reform in Germany and more</li> <li>Pages: 480, paperback - Dimensions: 5 x 8.25 inches</li> <li>* All 42 chapters, plus full appendix - Larger print size - More space between the lines - Whiter paper</li> </ul>	9.99

Code	Name	Description	Price
14	The Hot Topic of Hell	<ul> <li><i>by Steve Wohlberg</i></li> <li>Hell—Bible writers wrote about it; preachers preach about it; people talk about it. Is it a real place? Or is it something of myth? Does it burn continually?</li> <li>One thing though—it's a hot topic no matter what way you look at it.</li> <li>Throughout these brief 32 pages, you'll find an in-depth discussion of what "hell" really is and what the Bible has to say about it conclusively. You'll find that the Bible holds three different meanings of hell. You'll learn what is meant by the "everlasting fire" of Matthew 25:41 really means. You'll learn what is meant by the phrase "tormented day and night forever" in Revelation 20:10.</li> <li>Yet again we have a topic where we have the belief of the majority of Christians, and then we have what the Bible says. We do serve a just God, and He will ultimately cleanse this earth of all darkness and evil. We need not fear, however, because the same heavenly Father who loves and cares for us so much that He provided us with an avenue to spend eternity with Him. We just need to accept His loving gift.</li> <li>ISBN: 978-1-934261-03-3 Pages: 32, paperback Dimensions: 3.5 x 5.5 inches</li> </ul>	1.25
20	Witchcraft Ruins Lives	The demons are not your friends. All about the dangers of witchcraft. How it destroys people. How to be delivered. 160 pp. Paperback.	3.00

# Healthy Lifestyle - Books

Code	Name	Description	Price
43	Cancer - Practical Guide to Understanding, Preventing and Coping with the Disease - Hardback	<ul> <li>Practical Guide to Understanding, Preventing and Coping with the Disease.</li> <li>According to the World Health Organization, cancer is one of the leading causes of death in the world.</li> <li>Today an increasing number of people are being diagnosed with this dreaded disease. The good news is that between 30 and 50% of cancers can be prevented by avoiding risk factors and applying well-founded preventive strategies. Moreover, when you learn to recognize the disease at its beginning, the chances of overcoming it are greatly enhanced. Dr. Facchini's work contains reliable references and practical recommendations that can help you prevent cancer. It presents valuable information and useful and proven advice to help in the prevention and treatment of the disease.</li> <li>We invite you to open these pages and discover how to live with more health and a better quality of life.</li> <li>Pages: 363, Hardcover</li> </ul>	59.99

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Code	Name	Description	Price
31	Charcoal Remedies - Complete Manual for the XXI Century - Paperback	Author: John Dinsley From the nuclear submarines in the deepest oceans to the International Space Station that orbits the earth, from the jungles of the Amazon to the congested megacities, coal has become an indispensable tool of technology and care of the health in the 21st century. Coal purifies the water we drink, the air we breathe, and detoxifies the soil on which we grow our food. In its medicinal form, charcoal is used daily in almost every modern hospital in the world and plays a major role in maintaining, restoring and improving the health levels of the human being. Modern hospitals depend on this, the simplest of remedies, for uses such as the treatment of food and drug intoxication, kidney and liver dialysis machines, bandaging and cleaning wounds, treating anaemia caused by cancer, and many other things. These same benefits are available to you. In a world poisoned by the short-range mentality of the human being, God has provided humanity with a microscopic agent that is large enough to swallow much of what makes us sick. "From my heart I recommend Medicinal Charcoal - Complete Manual for the XXI Century . As a physician, mother and grandmother, and public health educator for the last 41 years, I have come to rely completely on the efficacy and safety of coal as a simple and powerful home remedy. This book serves not only as a reference for the medicinal uses of coal, but also brings together 150 incidents reported by people around the world. The public needs this book. EACH FAMILY, every health professional, every traveler abroad, every individual concerned about their health needs a copy in their personal library. " Agatha M. Thrash (MD, pathologist and former forensic physician of the State of Georgia). Dimension: 6 in. x 9 in Page Count: 320, paperback. One book	19.95
40	Diabetes: Prevention and Treatment - Hardback	by Dr Ramón Gelabert Diabetes is one of the most important diseases in the world. More than a quarter billion people suffer from diabetes, many without knowing it. According to the American Diabetes Association, as of 2012, 29.1 million Americans have diabetes, and 8.1 million of them don't know it. As of 2010, diabetes was the seventh leading cause of death in the United States. Dr. Gelabert's clear complete, and direct advice provides the best guidance for knowing if you suffer from diabetes and how to prevent it. If you already know that you have this disease, you will discover how to control it by the use of the most advanced methods and scientific and natural treatments. ISBN: 978-84-7208-454-4 Pages: 142, hard cover Dimensions: 6.875 x 10 inches	29.95

Code	Name	Description	Price
wc_166	Encyclopedia of Foods and their Healing Power - by George D. Pamplona-Roger, M.D.	The complete three volume set of Encyclopedia of Foods and their Healing Power teaches you to let food be your medicine and medicine be your food. This full-color illustrated set includes an index of diseases, Mediterranean style recipes that prevent and heal, as well as full nutritional contents of the foods presented. In the first two volumes of the Encyclopedia of Foods and their Healing Power, Dr. George Pamplona-Roger presents the latest scientific studies on the nutritional value of different foods along with their level of suitability for the body. The third volume gives careful instruction on food preparation and how to transition to a healthier lifestyle. The Encyclopedia of Foods and their Healing Power will give you an in-depth analysis of the composition and healing value of almost 700 different foods from five different continents. Based on these studies, Dr. Pamplona-Roger shows how increasing or decreasing consumption of various foods can prevent or heal almost 150 different diseases! These three volumes will provide critical information on how to harness the extraordinary healing power contained in ordinary food.	289.99

Code	Name	Description	Pric
This Encyclopedia Set Includes			
<ul> <li>Index of foods</li> <li>Index of diseases</li> <li>Index of diseases</li> <li>Disease analysis pages - foods to increase or decrease</li> <li>Food analysis pages - composition &amp; benefit to specific body systems</li> <li>Glossary of medical and other terms</li> <li>Third volume dedicated to food preparation and use</li> <li>ISBN: 978-84-7208-346-2</li> <li>Hardcover: 3-Volume Set</li> </ul>			

Code	Name	Description	Price
wc_35	Encyclopedia of Medicinal Plants	This is a complete, up-to-date, and scientific encyclopedia based on rigorous botanical, pharmaceutical, and chemical research. More than 470 plants are botanically described and classified by diseases. Numerous natural treatments are explained with clear illustrations and simple language. Numerous charts that describe the most frequent disorders and the plants that possess the active principles to correct them. Features in this encyclopedia set include: Index of diseases Index of plants Glossary of difficult terms Warnings about possible side effects Preparation and use instructions for each plant 2-Volume Set ISBN: 978-84-7208-157-4 Pages: 795, hardcover <i>by Dr. Jorge D. Pamplona Roger</i>	199.00

Code	Name	Description	Price
3	Fighting Disease with Food	Have you ever felt desperate to do something to improve your health but simply didn't know what you needed to be eating or doing? <i>Fighting Disease with Food</i> will help you to discover how easy it is for you to be proactive in rebuilding your health, using simple, natural foods that are readily available.	19.99
		You will learn:	
		10 simple lifestyle guidelines for enjoying fabulous health	
		<ul> <li>the natural food groups which will help you to optimize your health</li> </ul>	
		<ul> <li>which foods will help you fight your specific disease based on recent scientific research</li> </ul>	
		<ul> <li>simple recipes that make using these foods flavorful and fun</li> </ul>	
		• simple tips to keep you encouraged and motivated	
		<ul> <li>the real reason why your health really matters</li> <li>In easy to understand, everyday language, <i>Fighting Disease With Food</i> will give you the knowledge you need to help you take control of your life and start out on the path to feeling vibrantly healthy again.</li> <li>ISBN: 978-1-5136-0570-8</li> <li>Pages: 95, paperback</li> <li>Dimensions: 8.125 X 10.625 X 0.25 inches</li> </ul>	
42	Free from Addictions	<i>by Rafael Escandón and César Gálvez</i> You'll find a positive and practical focus in dealing with drugs and other addictions. Their aftermath is also discussed. In the book's discussion, self-control is promoted and facilitated over human addictive tendencies.	19.95
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wc_153	Healthy Plants	You'll find botanical descriptions of the plants and the physical organs that the plants affect. You'll learn about the different features of the plants and how to prepare them for use. Herbal teas. Fomentations. Baths. Poultices, etc. Detailed illustrations will enhance your study. Peer into the finer aspects of the plant parts. Leaves. Roots. Stems. Flowers.	49.95
		You'll appreciate Dr. Pamplona-Roger's simple, straightforward language. He describes a multitude of natural treatments. He clearly places the healing characteristics of medicinal plants and their practical use within your reach. ISBN: 978-8472081208 Pages: 384, hardcover; includes multimedia, interactive DVD Dimensions: 9.9 x 6.9 x 1 inches	

Code	Name	Description	Price
CENERAL PLAN     Production   <			
23	Ministry of Healing	Insightful overview of health - physical, mental and spiritual. Cover has eight laws of health. Marvelous wide ranging health book. Index. 480 pp. Paperback.	3.50

Code	Name	Description	Price
24	Ministry of Healing - Jesus Cover	Have you checked out a newsstand lately? New magazines on health, fitness, diet, and exercise seem to be taking over more shelf space every month.	11.99
		Maybe you're old enough to remember a time not that long ago when nobody ever talked about aerobics, jogging, cholesterol, and workouts. But today it's obvious that the pursuit of health and fitness is more than a quick fad. It's here to stay. Looking and feeling good isn't optional for most people these days—it's a high lifestyle priority. So, millions of us are: shedding pounds, running marathons, joining health clubs, reading food labels, pumping iron, chucking tobacco and alcohol, getting back to basics.	
		<i>The Ministry of Healing</i> has been around awhile. Since it was first published, a lot of other books about health have come and gone. Some of them have been bigger than this one, but it's not likely there has ever been a better one. It is a book that crusades for total fitness, not just physical fitness, because we human beings are more than just bodies. So these pages speak to the needs of the whole person: body, mind, and spirit.	
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4	Of These Ye May Freely Eat	<i>by JoAnn Rachor</i> A more practical, economical, vegetarian cookbook cannot be found. Because it is compact, only the best recipes have found their way into this culinary treasure house. Simple, delightful and tasty meals may be prepared from these pages by beginner and expert alike. Those experimenting with vegetarianism will find refuge here because every recipe is a winner. Newly revised, this cookbook includes more than 250 economical, low-calorie and cholesterol-free recipes that are nothing short of delicious. ISBN: 978-1-878726-02-1 Pages: 96, paperback Dimensions: 5.5 x 8.5 inches <b>Table of Contents</b>	2.95

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Code	Name	Description	Price
41	The Fifth Season: Facing the Challenges of a Health Crisis with Grace	"For I know the plans that I have for you," declares the Lord, "plans for welfare and not for calamity to give you a future and a hope." (Jeremiah 29:11 NASB)	4.99
		We all have plans, but how do we function when they become disrupted due to events out of our control? Furthermore, how do these self-fashioned plans fit with what God designs for each of us personally? If you—or someone you care about—wrestle with a major health crisis, <i>The Fifth Season</i> invites you to engage in living each moment fully surrendered to God's loving guidance. Whether you are the patient, the caregiver, or just called to provide support, you will find assurance that there is purpose to the struggles you encounter.	
		God deeply cares, so He tenderly beckons us, as His children, to partake of His plans for our lives. In answering His bidding, we have the opportunity to venture on a journey specifically designed for us to discover how serious illness, fear, doubt, and suffering lead to a sojourn on a richer avenue. Here, we will run into the secure embrace of the Almighty, who holds amazing plans for each of us—even in the face of dire illness.	
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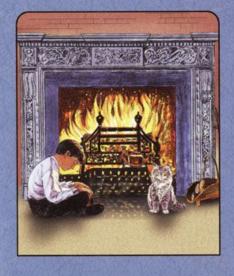
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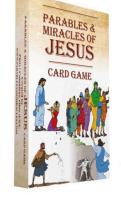
Lifestyle Approaches to Wellness Catalog

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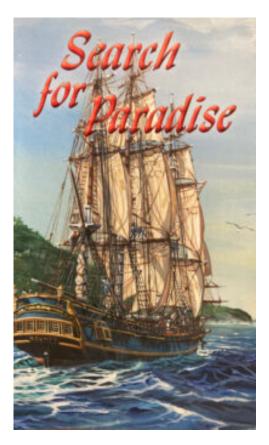
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Not believing the yarn, Hayward started aft toward Bligh's compartment to awaken him. Not far off, Willliam McCoy, tattooed and scarred from knife fights, had been loading his musket on deck. Immediately he banged it heavily three times on the deck - to warn his companions below to get up on the deck quick!

Just then, Christian emerged from the hatchway, carrying a musket with a fixed bayonet and an ammunition box in his left hand and a cutlass and pistol in his right.

...With the men behind him watching Hayward, Fletcher now slowly descended the aft ladderway.

Complete story of the mutiny on the Bounty and the journey to and settlement on Pitcairn Island.

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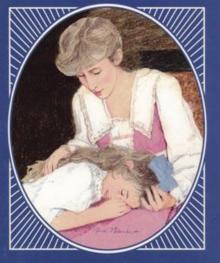
# TIGER AND TOM And Other Stories for Boys



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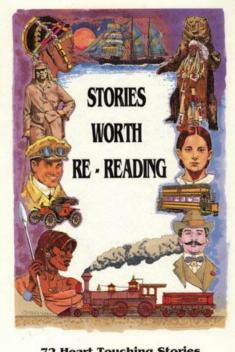
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by J. E. White

Due to the noble effort of the original California publisher, these stories were found in nearly every orphanage in our land during the late 1800s. This reproduction of the 1910 edition of The Kings Daughter and Other Stories for Girls keeps all of the original stories in their entirety, along with its 100 illustrations. The stories were compiled from a four-volume set entitled, Sabbath Readings, which were originally gathered from church papers in the 1870s. A breath of fresh air in literature for youth, the stories aim to build character in girls ages 9-12. "This is one of the best selections of old fashion 'character-building' stories I know. I have read and reread them from childhood." -Dr Raymond Moore, authority on family and schools

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72 Heart Touching Stories

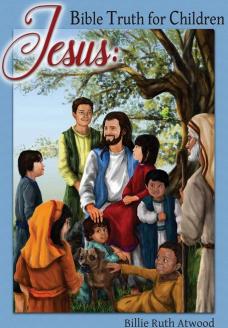
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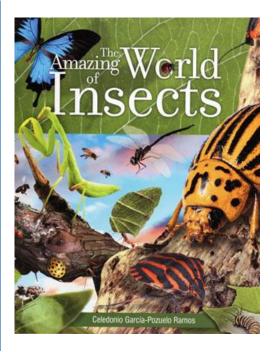
72 Heart-touching Stories Children of all ages like stories. Children call for them from their earliest years and remember many of them throughout all their years. The purpose of this book is to provide children and youth with stories worth reading, stories relating incidents of history, missionary effort, and home-andschool experiences.

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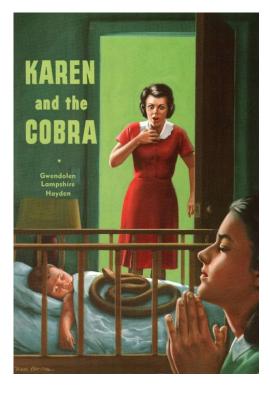
 The extraordinary maternal (and sometimes paternal) cares of many insects

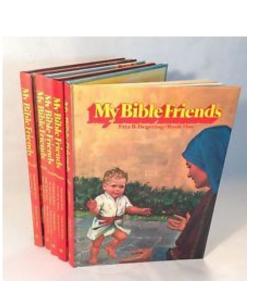
 The "intelligent" behavior of the bee and many other bugs, instead of their reduced dimensions
 The incredible miracle of metamorphosis

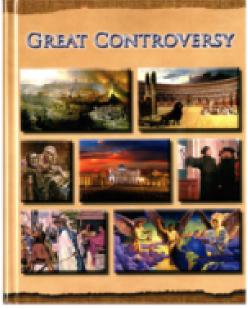
Many more wonderful discoveries

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Imagine your child's delight as you read the charming story of Small Donkey, who carried tired Mary up the long hill toward Bethlehem long ago. Or of Zacchaeus the cheater, who climbed a sycamore tree so he could see Jesus passing by. And then there's the story of Baby Moses, fast asleep in his basket boat, carefully hidden in the tall rushes.

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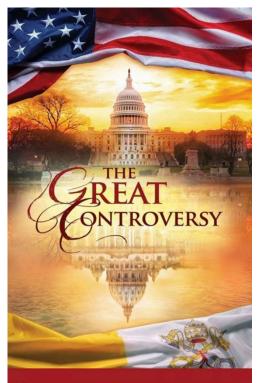
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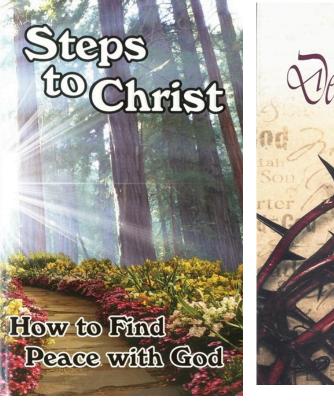
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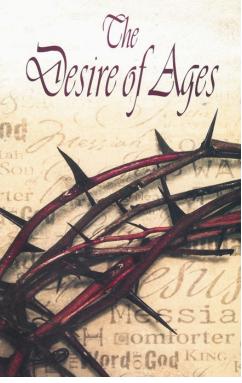
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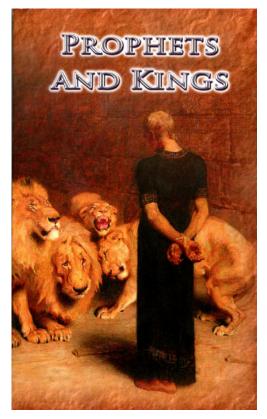
Stressed out by the thought of the end of the world? Anxious about what might happen as the earth becomes more chaotic? The Great Controversy provides hope in troubled times, highlighting stories of incredible faith that will bring you encouragement and hope. This book traces the history of the Protestant Reformation from Wycliffe to the Waldenses and beyond, sharing how God led His people through the darkest days in earth's history. Inside these pages, you'll find hope when all seemed lost, peace when everything seemed impossible, and courage in the face of religious warfare. Each chapter shares insights from the past that open mysteries key to the future. The book gives practical, direct principles for staying true to Christ even as it becomes harder and harder to do in a world filled with pain, depression, and death. The book concludes in the world made new, when God has made all things right - you don't want to miss it. The story of the world isn't over - in fact, it's only just begun!

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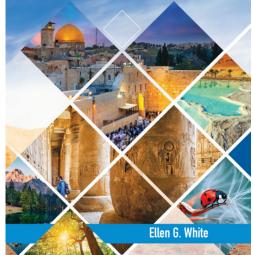
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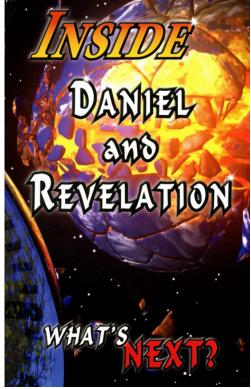
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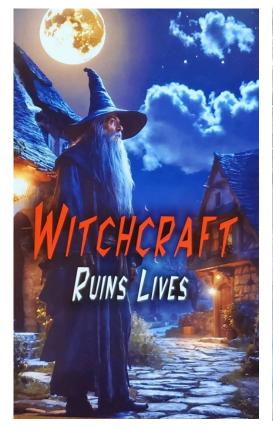
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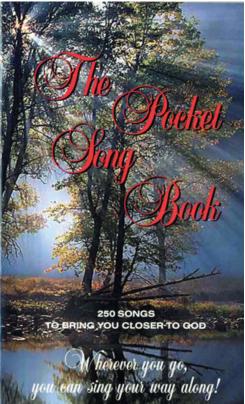
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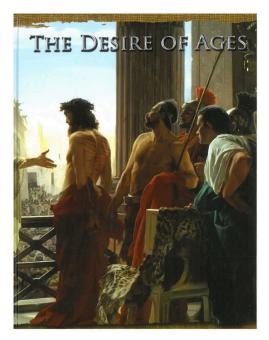


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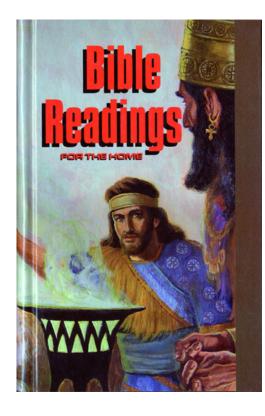
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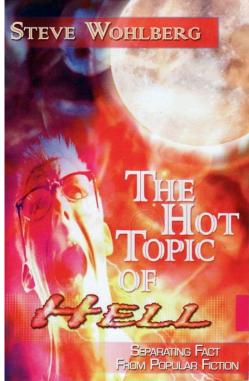
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# 1.25

by Steve Wohlberg

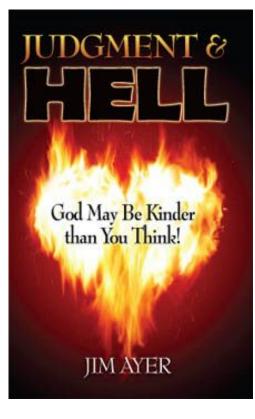
Hell—Bible writers wrote about it; preachers preach about it; people talk about it. Is it a real place? Or is it something of myth? Does it burn continually?

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Yet again we have a topic where we have the belief of the majority of Christians, and then we have what the Bible says. We do serve a just God, and He will ultimately cleanse this earth of all darkness and evil. We need not fear, however, because the same heavenly Father who loves and cares for us so much that He provided us with an avenue to spend eternity with Him. We just need to accept His loving gift.

ISBN: 978-1-934261-03-3



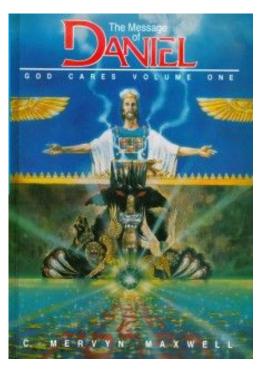
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# 1.25

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With down-to-earth language woven into a skillful yet pragmatic Bible study. Jim Ayer shines the light of Bible truth to reveal a God who always acts with justice, mercy, and most importantly, absolute love and fairness. This sharing book is the perfect way to knock down walls of unbelief, stumbling blocks, and falsehoods.

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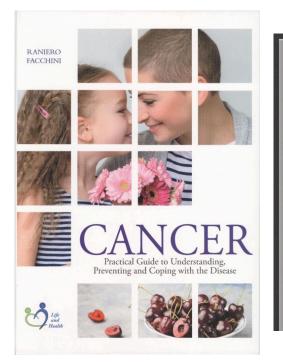
This is a complete, up-to-date, and scientific encyclopedia based on rigorous botanical, pharmaceutical, and chemical research. More than 470 plants are botanically described and classified by diseases. Numerous natural treatments are explained with clear illustrations and simple language. Numerous charts that describe the most frequent disorders and the plants that possess the active principles to correct them.

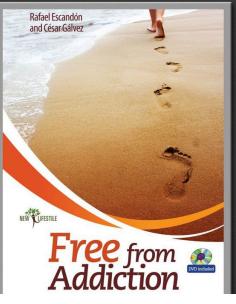
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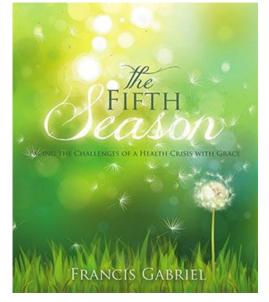
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"For I know the plans that I have for you," declares the Lord, "plans for welfare and not for calamity to give you a future and a hope." (Jeremiah 29:11 NASB)

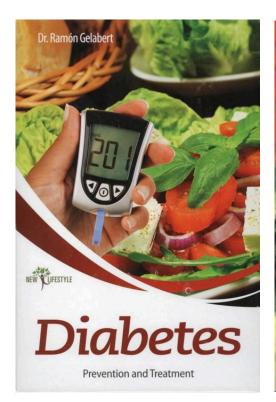
We all have plans, but how do we function when they become disrupted due to events out of our control? Furthermore, how do these self-fashioned plans fit with what God designs for each of us personally?

If you—or someone you care about—wrestle with a major health crisis, *The Fifth Season* invites you to engage in living each moment fully surrendered to God's loving guidance. Whether you are the patient, the caregiver, or just called to provide support, you will find assurance that there is purpose to the struggles you encounter.

God deeply cares, so He tenderly beckons us, as His children, to partake of His plans for our lives. In answering His bidding, we have the opportunity to venture on a journey specifically designed for us to discover how serious illness, fear, doubt, and suffering lead to a sojourn on a richer avenue. Here, we will run into the secure embrace of the Almighty, who holds amazing plans for each of us—even in the face of dire illness.

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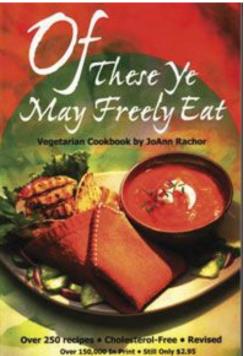
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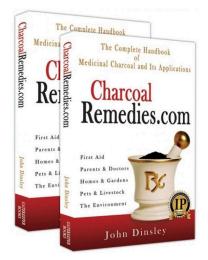
by Dr Ramón Gelabert

Diabetes is one of the most important diseases in the world. More than a quarter billion people suffer from diabetes, many without knowing it. According to the American Diabetes Association, as of 2012, 29.1 million Americans have diabetes, and 8.1 million of them don't know it. As of 2010, diabetes was the seventh leading cause of death in the United States.

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ISBN: 978-1-878726-02-1 Pages: 96, paperback Dimensions: 5.5 x 8.5 inches Table of Contents

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Salads, Soups, and	Need Help Finding

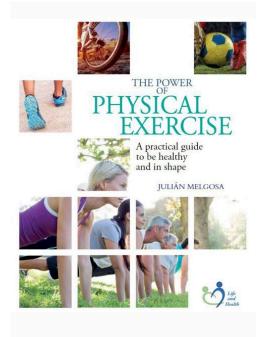
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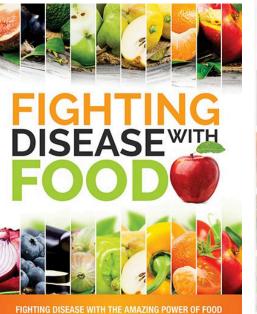
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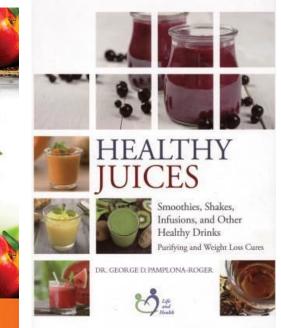
### Author: John Dinsley

From the nuclear submarines in the deepest oceans to the International Space Station that orbits the earth, from the jungles of the Amazon to the congested megacities, coal has become an indispensable tool of technology and care of the health in the 21st century. Coal purifies the water we drink, the air we breathe, and detoxifies the soil on which we grow our food. In its medicinal form, charcoal is used daily in almost every modern hospital in the world and plays a major role in maintaining, restoring and improving the health levels of the human being. Modern hospitals depend on this, the simplest of remedies, for uses such as the treatment of food and drug intoxication, kidney and liver dialysis machines, bandaging and cleaning wounds, treating anaemia caused by cancer, and many other things. These same benefits are available to you. In a world poisoned by the shortrange mentality of the human being, God has provided humanity with a microscopic agent that is large enough to swallow much of what makes us sick.

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Physical exercise is one of the most beneficial activities for the integral health of human beings. Its positive effects on the physical, mental, spiritual, and social domains of life have been revealed by many studies. For that reason, the author suggests a series of sports, highlighting the benefits they provide, including the psychological elements of some. Moreover, he suggests the performance of exercise as a means to prevent and cure some of the problems that affect millions of people. Thus, he proposes practical routines that will help us enjoy better physical and mental well-being.

Dr. Julian Melgosa

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- the natural food groups which will help you to optimize your health
- which foods will help you fight your specific disease based on recent scientific research
- simple recipes that make using these foods flavorful and fun
- simple tips to keep you encouraged and motivated

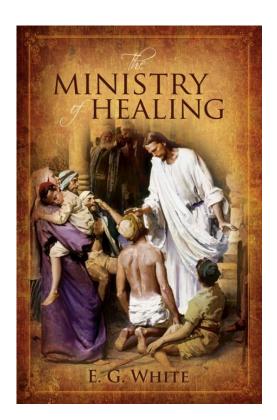
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by Dr. George D. Pamplona-Roger

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### **Ministry of Healing - Jesus Cover**

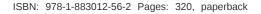
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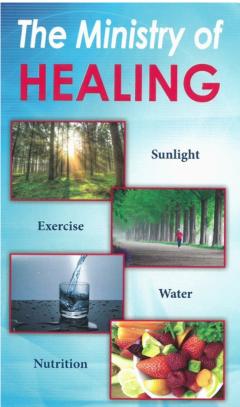
Have you checked out a newsstand lately? New magazines on health, fitness, diet, and exercise seem to be taking over more shelf space every month.

Maybe you're old enough to remember a time not that long ago when nobody ever talked about aerobics, jogging, cholesterol, and workouts. But today it's obvious that the pursuit of health and fitness is more than a quick fad. It's here to stay. Looking and feeling good isn't optional for most people these days—it's a high lifestyle priority. So, millions of us are: shedding pounds, running marathons, joining health clubs, reading food labels, pumping iron, chucking tobacco and alcohol, getting back to basics.

The Ministry of Healing has been around awhile. Since it was first published, a lot of other books about health have come and gone. Some of them have been bigger than this one, but it's not likely there has ever been a better one. It is a book that crusades for total fitness, not just physical fitness, because we human beings are more than just bodies. So these pages speak to the needs of the whole person: body, mind, and spirit.

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